

XIII Zimowy Bieg Dębowy Dąbrowa

Wyniki OPEN 15 km Dąbrowa 2025-03-01



Msc open	Nr start	Nazwisko, imię	Miejscowość	Klub	Rok ur	Kat	Msc kat	Msc M/K	PK 7,5km	PK 12,5km	Wynik brutto	Tempo min/km	Czas netto
1.	185	Mucha Tomaszewski Miłosz	Toruń	Gang Olsena	1988	M30	gen.	1.	00:25:02 (3.)	00:41:33 (3.)	00:49:31	3:18	00:49:30 (3.)
2.	208	Tuleja Jakub	Bydgoszcz	CWZS ZAWISZA BYDGOSZCZ	2001	M20	gen.	2.	00:25:00 (1.)	00:41:33 (2.)	00:49:31	3:18	00:49:30 (1.)
3.	229	Jańczak Filip	Środa Wlkp.	Jańczak Team	1989	M30	gen.	3.	00:25:01 (2.)	00:41:33 (1.)	00:49:31	3:18	00:49:30 (2.)
4.	164	Palicki Marcin	Wysoka	Do linii mety	1992	M30	1.	4.	00:25:45 (5.)	00:42:41 (4.)	00:50:48	3:23	00:50:47 (4.)
5.	142	Kledzik Zbigniew	Kierzkowo	Pałuki Running Team	1991	M30	2.	5.	00:25:40 (4.)	00:42:45 (5.)	00:51:03	3:24	00:51:02 (5.)
6.	195	Siwiak Filip	Inowrocław	Start Team Wąbrzeźno	1995	M30	3.	6.	00:27:23 (6.)	00:46:07 (6.)	00:55:01	3:39	00:54:59 (6.)
7.	139	Szymański Marcin	Bobrowniki	WKB MARATOŃCZYK Włocławek	1985	M40	1.	7.	00:27:37 (7.)	00:46:25 (7.)	00:55:40	3:42	00:55:38 (7.)
8.	211	Wojnar Robert	Toruń	PACIFIC NESTLE	1976	M40	2.	8.	00:27:59 (8.)	00:46:53 (9.)	00:55:55	3:43	00:55:54 (8.)
9.	50	Świeczyński Julian	Toruń	KS Zryw Radziejów	2001	M20	1.	9.	00:28:03 (9.)	00:46:53 (8.)	00:56:00	3:43	00:55:58 (9.)
10.	180	Majda Przemysław	Beznazwa	Baszta Wyszyna	1978	M40	3.	10.	00:28:30 (13.)	00:47:31 (12.)	00:56:35	3:46	00:56:33 (10.)
11.	118	Kwiatkowski Roman	Inowrocław	Stowarzyszenie SIŁA	2003	M20	2.	11.	00:28:34 (15.)	00:47:30 (11.)	00:56:39	3:46	00:56:37 (11.)
12.	75	Kubiak Tomasz	Inowrocław	Pałuki Running Team	1975	M50	1.	12.	00:28:30 (14.)	00:47:29 (10.)	00:56:47	3:46	00:56:44 (12.)
13.	19	Kalota Tomasz	Toruń		1989	M30	4.	13.	00:28:37 (16.)	00:47:36 (13.)	00:56:56	3:47	00:56:54 (13.)
14.	126	Grzelak Łukasz	Toruń		1992	M30	5.	14.	00:28:18 (11.)	00:47:46 (15.)	00:57:08	3:48	00:57:04 (14.)
15.	130	Foremski Sławomir	Toruń		1968	M50	2.	15.	00:28:05 (10.)	00:47:42 (14.)	00:57:22	3:49	00:57:20 (15.)
16.	98	Gregor Błażej	Piechcin		1986	M30	6.	16.	00:28:29 (12.)	00:48:10 (16.)	00:57:39	3:50	00:57:36 (16.)
17.	73	Senger Michał	Gąsawa	Pałuki Running Team	1981	M40	4.	17.	00:28:45 (17.)	00:48:15 (17.)	00:57:41	3:50	00:57:38 (17.)
18.	193	Dąbrowski Robert	Inowrocław	Pałuki Running Team	1980	M40	5.	18.	00:28:45 (18.)	00:48:16 (18.)	00:57:58	3:51	00:57:55 (18.)
19.	23	Wodziński Łukasz	Turek	KB Maraton Turek	1989	M30	7.	19.	00:28:50 (19.)	00:48:45 (20.)	00:58:23	3:53	00:58:19 (19.)
20.	138	Nowosielski Krzysztof	Dąbie	MKS RUN TEAM DĄBIE	1976	M40	6.	20.	00:29:11 (21.)	00:48:53 (21.)	00:58:26	3:53	00:58:24 (20.)
21.	18	Kalota Joanna	Toruń		1989	K30	gen.	1.	00:28:51 (20.)	00:48:41 (19.)	00:58:28	3:53	00:58:26 (21.)
22.	48	Czerwiński Krzysztof	Osno	Gang Olsena	1996	M20	3.	21.	00:29:21 (22.)	00:49:26 (22.)	00:59:25	3:57	00:59:22 (22.)
23.	230	Chojnacka Katarzyna	Środa Wlkp.	Jańczak Team	1991	K30	gen.	2.	00:29:35 (23.)	00:49:48 (23.)	00:59:45	3:58	00:59:44 (23.)
24.	31	Rząd Szymon	Toruń	Gang Olsena	2001	M20	4.	22.	00:30:04 (24.)	00:50:32 (24.)	01:00:24	4:01	01:00:21 (24.)
25.	57	Żuchowski Bartosz	Toruń		1996	M20	5.	23.	00:30:13 (25.)	00:50:33 (25.)	01:00:35	4:02	01:00:31 (25.)
26.	169	Sulkowski Mikołaj	tUREK	KB Maraton Turek	1998	M20	6.	24.	00:31:01 (31.)	00:51:16 (26.)	01:01:02	4:04	01:01:00 (26.)
27.	160	Strzyżewski Szymon	Gniezno	Luz Brothers	1998	M20	7.	25.	00:30:56 (27.)	00:51:21 (27.)	01:01:33	4:05	01:01:29 (27.)
28.	206	Staniec Tomasz	Bydgoszcz		1974	M50	3.	26.	00:31:01 (30.)	00:51:44 (28.)	01:01:59	4:07	01:01:55 (28.)
29.	121	Kielbowicz Marcin	Golub-Dobrzyń		1982	M40	7.	27.	00:31:24 (34.)	00:52:09 (30.)	01:02:22	4:09	01:02:16 (29.)



Msc open	Nr start	Nazwisko, imię	Miejscowość	Klub	Rok ur	Kat	Msc kat	Msc M/K	PK 7,5km	PK 12,5km	Wynik brutto	Tempo min/km	Czas netto
30.	226	Niedbalski Przemysław	Gąsawa	Pałuki Running Team	1972	M50	4.	28.	00:30:46 (26.)	00:52:07 (29.)	01:02:35	4:10	01:02:31 (30.)
31.	90	Spychalski Zbigniew	Barcin	TKKF Kolejarz Bydgoszcz	1962	M60	1.	29.	00:30:57 (28.)	00:52:18 (31.)	01:02:49	4:11	01:02:46 (31.)
32.	42	Waloszek Franciszek	Turek	KB Maraton Turek	1974	M50	5.	30.	00:30:58 (29.)	00:52:37 (32.)	01:03:00	4:11	01:02:55 (32.)
33.	190	Nowacki Krzysztof	Koło	NO NAME TEAM	1973	M50	6.	31.	00:32:01 (38.)	00:52:55 (34.)	01:03:13	4:12	01:03:07 (33.)
34.	52	Balcerzak Marcin	Dąbrowa	33 BAZA LOTNICTWA	1973	M50	7.	32.	00:31:26 (35.)	00:52:51 (33.)	01:03:18	4:13	01:03:15 (34.)
35.	199	Szczepankiewicz Rafał	Trzemeszno	Festiwal Słońca	1983	M40	8.	33.	00:31:23 (33.)	00:52:58 (35.)	01:03:26	4:13	01:03:22 (35.)
36.	34	Bocian Marek	Marianów-Kolonia	KB Geotermia Uniejów	1963	M60	2.	34.	00:31:21 (32.)	00:53:07 (36.)	01:03:46	4:14	01:03:44 (36.)
37.	1	Kolasa Dawid	Szczepanowo	Gmina Dąbrowa	1984	M40	9.	35.	00:31:38 (36.)	00:53:27 (37.)	01:03:56	4:15	01:03:53 (37.)
38.	129	Lewicki Mikołaj	Radziejów	KS Zryw Radziejów	1991	M30	8.	36.	00:32:17 (40.)	00:53:38 (38.)	01:04:28	4:17	01:04:25 (38.)
39.	122	Sarnowski Kamil	Wylatowo		1991	M30	9.	37.	00:32:19 (41.)	00:54:10 (40.)	01:04:45	4:18	01:04:41 (39.)
40.	9	Czyżewski Daniel	Barcin	#slimakibarcin	1995	M30	10.	38.	00:32:37 (45.)	00:54:26 (42.)	01:04:53	4:19	01:04:48 (40.)
41.	37	Greinert Michał	Inowrocław		1970	M50	8.	39.	00:32:07 (39.)	00:54:05 (39.)	01:04:56	4:19	01:04:55 (41.)
42.	223	Kabaciński Paweł	Żnin		1995	M30	11.	40.	00:32:00 (37.)	00:54:21 (41.)	01:05:13	4:20	01:05:10 (42.)
43.	87	Butowski Krzysztof	Toruń	Toruński Klub triathlonowy	1981	M40	10.	41.	00:33:00 (49.)	00:54:40 (45.)	01:05:27	4:21	01:05:20 (43.)
44.	16	Tomaszewski Krzysztof	Turek	KB Maraton Turek	1967	M50	9.	42.	00:32:29 (44.)	00:54:34 (43.)	01:05:32	4:21	01:05:27 (45.)
45.	153	Nowak Sławomir	Barcin	TT SODA	1991	M30	12.	43.	00:32:40 (46.)	00:54:38 (44.)	01:05:36	4:21	01:05:24 (44.)
46.	209	Śmigielski Grzegorz	Dąbrowa	GLZS Olimpia Dąbrowa	2000	M20	8.	44.	00:32:45 (47.)	00:54:50 (46.)	01:05:44	4:22	01:05:43 (46.)
47.	132	Łubecki Patryk	Grudziądz	Gang Olsena	1990	M30	13.	45.	00:33:27 (53.)	00:55:41 (50.)	01:06:18	4:24	01:06:12 (47.)
48.	22	Tokarczyk Ryszard	Rogowo	USKRZYDLENI	1978	M40	11.	46.	00:32:48 (48.)	00:55:30 (48.)	01:06:28	4:25	01:06:25 (49.)
49.	222	Bernaciak Mateusz	Mogilno	Fabryka Sportu/ IronTRIbe	1991	M30	14.	47.	00:33:51 (58.)	00:55:54 (52.)	01:06:33	4:25	01:06:23 (48.)
50.	95	Basiński Waldemar	Trzemeszno	Festiwal Słońca	1976	M40	12.	48.	00:33:30 (55.)	00:55:43 (51.)	01:06:35	4:26	01:06:32 (50.)
51.	12	Zawadzki Krzysztof	Aleksandrów	Gang Olsena	1974	M50	10.	49.	00:32:21 (42.)	00:55:09 (47.)	01:06:47	4:26	01:06:44 (51.)
52.	45	Pacek Andrzej	Gębice		1999	M20	9.	50.	00:34:04 (61.)	00:56:15 (56.)	01:06:50	4:27	01:06:46 (52.)
53.	167	Pałka Michał	Barcin	Pałuckie Ultra Dziki	1979	M40	13.	51.	00:34:02 (60.)	00:56:15 (55.)	01:06:56	4:27	01:06:52 (53.)
54.	214	Marnocha Łukasz	Barcin	Pałuckie Ultra Dziki	1983	M40	14.	53.	00:34:06 (63.)	00:56:15 (54.)	01:06:57	4:27	01:06:53 (55.)
55.	162	Helsztajn Robert	Wiktorowo	Pałuckie Ultra Dziki	1969	M50	11.	52.	00:34:05 (62.)	00:56:14 (53.)	01:06:57	4:27	01:06:53 (54.)
56.	196	Wojdyński Paweł	Kleczew	Biegacze Kleczew	1990	M30	15.	54.	00:33:03 (51.)	00:55:40 (49.)	01:07:04	4:27	01:06:56 (56.)
57.	28	Śliwa Hubert	Słupca		1989	M30	16.	55.	00:33:16 (52.)	00:56:15 (57.)	01:07:19	4:28	01:07:13 (57.)
58.	197	Śmigielski Robert	Dąbrowa	Antalex Team	2003	M20	10.	56.	00:33:34 (57.)	00:56:24 (60.)	01:07:21	4:29	01:07:19 (58.)
59.	124	Kotuła Paweł	Ryńsk	Gang Olsena	1979	M40	15.	57.	00:33:31 (56.)	00:56:22 (59.)	01:07:32	4:29	01:07:26 (59.)
60.	68	Szczepaniak Dariusz	Piotrków Kujawski	KS Zryw Radziejów	1979	M40	16.	58.	00:33:28 (54.)	00:56:21 (58.)	01:07:33	4:29	01:07:29 (60.)
61.	27	Tomczyk Sylwester	Turek	KB Maraton Turek	1968	M50	12.	59.	00:34:02 (59.)	00:57:06 (62.)	01:08:16	4:32	01:08:11 (61.)



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62.	146	Szydłowski Patryk	Mogilno		1991	M30	17.	60.	00:34:10 (64.)	00:57:18 (63.)	01:08:33	4:33	01:08:28 (62.)
63.	76	Skarwecki Remigiusz	Łabiszyn	Łabiszyn Runners	1984	M40	17.	61.	00:34:33 (66.)	00:57:35 (65.)	01:08:45	4:34	01:08:39 (63.)
64.	54	NAWROCKI DARIUSZ	ŁABISZYN	Łabiszyn Runners	1976	M40	18.	62.	00:34:33 (67.)	00:57:34 (64.)	01:08:45	4:34	01:08:40 (64.)
65.	71	Wesołowski Piotr	Inowrocław	Wstawaj i walcz	1976	M40	19.	63.	00:34:44 (69.)	00:58:04 (67.)	01:09:28	4:37	01:09:17 (65.)
66.	215	Szuba Mariusz	Trzemeszno	Festiwal Słońca	1974	M50	13.	64.	00:34:13 (65.)	00:57:55 (66.)	01:09:36	4:38	01:09:31 (66.)
67.	106	Łukomski Marcin	Bydgoszcz	KULAWA RODZINA	1985	M40	21.	66.	00:35:16 (72.)	00:58:30 (69.)	01:09:44	4:38	01:09:36 (68.)
68.	116	Sztejka Damian	Bydgoszcz		1976	M40	20.	65.	00:35:18 (73.)	00:58:30 (68.)	01:09:44	4:38	01:09:36 (67.)
69.	166	Rusiecki Bartłomiej	Dąbrowa		1991	M30	18.	67.	00:34:42 (68.)	00:58:56 (71.)	01:10:14	4:40	01:10:06 (69.)
70.	114	Stawicki Kacper	Mogilno	GLZS Olimpia Dąbrowa	2001	M20	11.	68.	00:32:25 (43.)	00:56:53 (61.)	01:10:28	4:41	01:10:22 (70.)
71.	137	Balcerek Grzegorz	Bydgoszcz	parkrun Bydgoszcz	1980	M40	22.	69.	00:34:58 (71.)	00:58:41 (70.)	01:10:37	4:42	01:10:31 (71.)
72.	204	Strzyżewski Andrzej	Gniezno	Luz Brothers	1969	M50	14.	70.	00:35:34 (78.)	00:59:08 (75.)	01:10:48	4:42	01:10:40 (72.)
73.	203	Zbierski Radosław	Gniezno	Taki Tam	1970	M50	15.	71.	00:35:34 (77.)	00:59:08 (74.)	01:10:48	4:42	01:10:40 (73.)
74.	32	Nowinowski Andrzej	Turek	KB Maraton Turek	1976	M40	23.	72.	00:33:01 (50.)	00:59:05 (73.)	01:11:02	4:43	01:10:57 (74.)
75.	202	Buzalski Robert	Bydgoszcz		1974	M50	16.	73.	00:34:47 (70.)	00:58:57 (72.)	01:11:09	4:44	01:11:03 (75.)
76.	51	Kanarkowski Tomasz	Gąsawa		1968	M50	17.	74.	00:35:34 (76.)	00:59:43 (76.)	01:11:43	4:46	01:11:34 (76.)
77.	7	Skorliński Marcin	Kostrzyn	Echo Ziemi Kostrzyńskiej	1971	M50	18.	76.	00:35:41 (81.)	00:59:54 (78.)	01:11:46	4:46	01:11:40 (78.)
78.	15	Namieśnik Krzysztof	Inowrocław	KzyshtoW	1974	M50	19.	77.	00:35:52 (83.)	01:00:11 (81.)	01:11:51	4:47	01:11:45 (79.)
79.	49	Wleklińska Martyna	Dąbrowa		1997	K20 gen.	3.	3.	00:35:29 (74.)	01:00:04 (79.)	01:11:57	4:47	01:11:51 (80.)
80.	6	Kaczmarek Paweł	Promienko	Echo Ziemi Kostrzyńskiej	1977	M40	25.	78.	00:35:32 (75.)	01:00:09 (80.)	01:12:00	4:47	01:11:55 (81.)
81.	46	Nowak Józef	Skórzewo	BBC Skórzewo	1955	M70	1.	79.	00:35:45 (82.)	01:00:13 (82.)	01:12:06	4:47	01:11:59 (82.)
82.	148	Piniarski Michał	Mogilno	Mogilno Team	1981	M40	26.	80.	00:36:36 (89.)	01:00:44 (85.)	01:12:31	4:49	01:12:21 (83.)
83.	84	Gmurski Robert	Inowrocław		1980	M40	27.	81.	00:35:34 (79.)	01:00:17 (83.)	01:12:43	4:50	01:12:33 (84.)
84.	134	Lehmann Monika	Skoki	Sport Team Skoki	1994	K30	1.	4.	00:36:00 (85.)	01:00:41 (84.)	01:12:47	4:50	01:12:44 (85.)
85.	176	Chłopicki Michał	Gniezno	VELUX GNIEZNO	1981	M40	24.	75.	00:35:40 (80.)	00:59:53 (77.)	01:13:14	4:46	01:11:34 (77.)
86.	155	Winięcki Sławek	Gąsawa	TT SODA	1984	M40	28.	82.	00:37:09 (99.)	01:01:37 (90.)	01:13:31	4:53	01:13:15 (86.)
87.	109	Olczak Piotr	Poznań		1993	M30	20.	84.	00:36:53 (93.)	01:01:34 (87.)	01:13:34	4:53	01:13:22 (88.)
88.	168	Maciejewski Arkadiusz	Szelejewo		1986	M30	19.	83.	00:37:17 (100.)	01:02:09 (97.)	01:13:34	4:53	01:13:16 (87.)
89.	64	Kruszona Zbigniew	Kostrzyn	Echo Ziemi Kostrzyńskiej	1976	M40	29.	85.	00:36:31 (87.)	01:01:37 (91.)	01:13:38	4:54	01:13:32 (89.)
90.	191	Nowacka Małgorzata	Koło	NO NAME TEAM	1972	K50	1.	5.	00:36:29 (86.)	01:01:05 (86.)	01:13:45	4:54	01:13:39 (90.)
91.	41	Szymeczko Sławomir	Borówno	Endo Golub -Dobrzyn	1978	M40	30.	86.	00:36:55 (94.)	01:01:34 (88.)	01:13:49	4:54	01:13:39 (91.)
92.	178	Manuszak Przemysław	Kleczew	Biegacze Kleczew	1983	M40	31.	87.	00:38:02 (113.)	01:02:30 (102.)	01:13:54	4:55	01:13:46 (92.)
93.	154	Pawlaczyk Roman	Mogilno		1973	M50	20.	88.	00:37:05 (97.)	01:02:02 (94.)	01:13:56	4:55	01:13:47 (93.)



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94.	174	Śrubas Paweł	Radziejów	KS Zryw Radziejów	1979	M40	32.	89.	00:36:37 (91.)	01:01:40 (92.)	01:14:05	4:56	01:14:01 (94.)
95.	205	Nowak Leszek	Strzelno		1978	M40	33.	90.	00:35:57 (84.)	01:01:34 (89.)	01:14:14	4:56	01:14:08 (95.)
96.	20	Woźniak Ryszard	Turek	KB Maraton Turek	1955	M70	2.	92.	00:36:33 (88.)	01:01:44 (93.)	01:14:16	4:56	01:14:08 (97.)
97.	100	DOKŁADNY MAREK	MOGILNO	CARSEKT	2002	M20	12.	91.	00:37:19 (102.)	01:02:05 (95.)	01:14:17	4:56	01:14:08 (96.)
98.	99	Szulc Rafał	TARKOWO DOLNE	Solankowi Biegacze	1984	M40	34.	93.	00:36:52 (92.)	01:02:07 (96.)	01:14:20	4:57	01:14:18 (98.)
99.	70	Bukowiecki Krzysztof	Turkowice	KB Maraton Turek	1982	M40	35.	94.	00:36:58 (95.)	01:02:17 (100.)	01:14:31	4:57	01:14:23 (99.)
100.	103	Prussak Remigiusz	Mogilno	Wodny Świat	1992	M30	21.	98.	00:37:19 (101.)	01:02:14 (98.)	01:14:36	4:57	01:14:29 (103.)
101.	2	Grenda Katarzyna	Dąbrowa		1986	K30	2.	6.	00:37:39 (105.)	01:02:25 (101.)	01:14:36	4:58	01:14:31 (104.)
102.	200	Bombel Marcin	Trzemeszno	Festiwal Słońca	1977	M40	37.	96.	00:37:04 (96.)	01:02:16 (99.)	01:14:37	4:57	01:14:27 (101.)
103.	161	Burda Szymon	Kleczew	Biegacze Kleczew	1976	M40	38.	97.	00:38:01 (112.)	01:02:35 (103.)	01:14:38	4:57	01:14:29 (102.)
104.	125	Gramczewski Michał	Bydgoszcz	TRIDROPSY	1981	M40	36.	95.	00:39:24 (135.)	01:03:27 (108.)	01:14:38	4:57	01:14:24 (100.)
105.	21	Ochocki Tomasz	Władysławów	KB Maraton Turek	1971	M50	21.	99.	00:37:20 (103.)	01:02:42 (104.)	01:15:03	4:59	01:14:52 (105.)
106.	194	Gołębiewski Mateusz	Balin		1986	M30	22.	100.	00:37:38 (104.)	01:02:44 (105.)	01:15:07	4:59	01:14:56 (106.)
107.	177	Prus Piotr	Sławoszewek	Biegacze Kleczew	1970	M50	22.	101.	00:38:30 (119.)	01:03:28 (110.)	01:15:31	5:01	01:15:22 (107.)
108.	189	Rup Przemysław	Bydgoszcz		1991	M30	23.	102.	00:37:08 (98.)	01:03:12 (106.)	01:15:54	5:03	01:15:50 (108.)
109.	219	Szmatuła Elżbieta	Toruń	Start Team Wąbrzeźno	1994	K30	3.	7.	00:37:40 (106.)	01:03:37 (111.)	01:16:15	5:04	01:16:07 (110.)
110.	86	Lewandowski Grzegorz	Bydgoszcz	Fixum Dyrdoom AG	1976	M40	39.	103.	00:39:25 (136.)	01:03:58 (112.)	01:16:19	5:04	01:16:01 (109.)
111.	8	Obrzanowski Maciej	Zamość	WITKOWSKI & WINIARSKI RUNNING	1969	M50	23.	104.	00:37:41 (107.)	01:03:28 (109.)	01:16:22	5:04	01:16:13 (111.)
112.	181	Kabaciński Bogumił	Inowrocław		1976	M40	40.	105.	00:36:37 (90.)	01:03:25 (107.)	01:16:36	5:05	01:16:29 (112.)
113.	213	Kramkowski Marek	Gębice	Extremalni Mogilno	2007	M16	1.	106.	00:38:27 (117.)	01:04:27 (116.)	01:16:41	5:06	01:16:30 (113.)
114.	149	PRZYGODA ARTUR	BYDGOSZCZ		1975	M50	24.	107.	00:38:17 (114.)	01:04:02 (113.)	01:16:43	5:06	01:16:31 (114.)
115.	107	Berenda Damian	Bydgoszcz	CB163 CrossFit Bydgoszcz	1978	M40	41.	108.	00:37:54 (111.)	01:04:02 (114.)	01:16:47	5:06	01:16:40 (115.)
116.	101	SZCZEPANIAK SEBASTIAN	MOGILNO	CARSEKT	1989	M30	24.	109.	00:38:18 (115.)	01:04:08 (115.)	01:16:52	5:07	01:16:46 (116.)
117.	113	Stempniak Krzysztof	Inowrocław		1971	M50	25.	110.	00:38:31 (120.)	01:04:33 (117.)	01:17:16	5:08	01:17:07 (117.)
118.	136	Nurkiewicz Jarosław	Bydgoszcz	Kung fu Pandy 3	1971	M50	27.	112.	00:37:51 (109.)	01:04:37 (118.)	01:17:27	5:09	01:17:20 (119.)
119.	210	Paczkowski Mirosław	Bydgoszcz	TRIDROPSY	1970	M50	26.	111.	00:40:09 (147.)	01:05:45 (130.)	01:17:28	5:08	01:17:13 (118.)
120.	182	Wiśniewski Grzegorz	Trzemeszno		1996	M20	13.	113.	00:37:53 (110.)	01:04:38 (119.)	01:17:33	5:09	01:17:24 (120.)
121.	192	Grabowicz Paweł	Siekierki Wielkie		1973	M50	28.	115.	00:37:50 (108.)	01:04:48 (120.)	01:17:41	5:10	01:17:36 (123.)
122.	123	Koniec Piotr	Bydgoszcz	TRIDROPSY	1977	M40	42.	114.	00:41:04 (160.)	01:05:45 (129.)	01:17:42	5:09	01:17:26 (121.)
123.	94	Butowska Monika	Toruń	Kujawsko-Pomorskie	1980	K40	1.	8.	00:38:52 (127.)	01:05:06 (124.)	01:17:43	5:10	01:17:34 (122.)
124.	158	Gozdecka Marta	Inowrocław	Solankowi Biegacze	1985	K40	2.	9.	00:38:48 (124.)	01:05:14 (126.)	01:17:50	5:11	01:17:49 (125.)
125.	175	Szymczak Jakub	Inowrocław	Wiktorowo	1979	M40	44.	117.	00:38:49 (126.)	01:05:05 (123.)	01:17:59	5:11	01:17:49 (126.)



Msc open	Nr start	Nazwisko, imię	Miejscowość	Klub	Rok ur	Kat	Msc kat	Msc M/K	PK 7,5km	PK 12,5km	Wynik brutto	Tempo min/km	Czas netto
126.	88	gabryszak dariusz	Stawiska		1978	M40	43.	116.	00:38:29 (118.)	01:05:03 (122.)	01:17:59	5:11	01:17:47 (124.)
127.	145	Suchorski Sebastian	Kostrzy	Kostrzyński Klub Biegowy do Celu	1980	M40	47.	120.	00:38:37 (122.)	01:05:06 (125.)	01:18:01	5:11	01:17:52 (130.)
128.	108	Puchacz Marcin	Bydgoszcz		1984	M40	46.	119.	00:38:34 (121.)	01:04:53 (121.)	01:18:04	5:11	01:17:52 (129.)
129.	228	Linkowska Monika	Barcin	#slimakibarcin	1989	K30	4.	10.	00:39:38 (140.)	01:05:57 (136.)	01:18:04	5:11	01:17:51 (128.)
130.	65	Paszkieta Remigiusz	Barcin	#slimakibarcin	1978	M40	48.	121.	00:39:57 (145.)	01:06:03 (142.)	01:18:04	5:11	01:17:56 (131.)
131.	29	Ratajczak Paweł	Wolice	#slimakibarcin	1976	M40	45.	118.	00:39:38 (141.)	01:06:00 (138.)	01:18:04	5:11	01:17:51 (127.)
132.	92	Rejniak Mateusz	Inowrocław		1996	M20	14.	122.	00:38:37 (123.)	01:05:24 (127.)	01:18:40	5:13	01:18:24 (132.)
133.	55	Zasadzki Paweł	Wiecanowo		1986	M30	25.	123.	00:38:54 (129.)	01:05:56 (134.)	01:18:43	5:14	01:18:32 (133.)
134.	25	Jakubowska Marta	Kalisz		1976	K40	3.	11.	00:40:13 (148.)	01:06:02 (141.)	01:18:46	5:14	01:18:35 (134.)
135.	67	Szablińska Honorata	Kołaczkowo		1981	K40	4.	12.	00:38:48 (125.)	01:05:42 (128.)	01:18:49	5:14	01:18:37 (135.)
136.	183	Kapela Marek	Cytrynowo		1981	M40	50.	125.	00:39:26 (139.)	01:05:54 (133.)	01:18:52	5:15	01:18:47 (138.)
137.	72	Ruszkiewicz Łukasz	Przyłęki		1981	M40	49.	124.	00:38:54 (130.)	01:05:59 (137.)	01:18:53	5:15	01:18:47 (137.)
138.	30	Rartajczak Agata	Wolice	#slimakibarcin	1977	K40	5.	13.	00:39:38 (142.)	01:06:00 (139.)	01:18:54	5:14	01:18:41 (136.)
139.	150	Sobaszewicz Rafał	Toruń	Gang Olsena	1972	M50	29.	127.	00:39:22 (134.)	01:05:51 (132.)	01:18:58	5:15	01:18:50 (140.)
140.	144	Kozaczyński Mateusz	Janikowo	Janikowo na sportowo	2002	M20	15.	126.	00:40:24 (150.)	01:06:54 (147.)	01:19:02	5:15	01:18:49 (139.)
141.	172	Klawikowski Dawid	Bydgoszcz	TKKF Kolejarz Bydgoszcz	1984	M40	51.	128.	00:39:16 (132.)	01:05:48 (131.)	01:19:05	5:15	01:18:55 (141.)
142.	44	Czyżewska Honorata	Inowrocław		1979	K40	7.	15.	00:39:26 (138.)	01:06:03 (143.)	01:19:13	5:16	01:19:10 (144.)
143.	171	Klawikowska Julita	Bydgoszcz	TKKF Kolejarz Bydgoszcz	1985	K40	6.	14.	00:39:26 (137.)	01:06:01 (140.)	01:19:16	5:16	01:19:05 (143.)
144.	227	Boiński Rafał	Dąbrowa		1978	M40	52.	129.	00:39:21 (133.)	01:05:56 (135.)	01:19:17	5:16	01:19:01 (142.)
145.	60	Cierpisz Paweł	Mogilno		1994	M30	26.	130.	00:39:59 (146.)	01:06:59 (148.)	01:20:01	5:19	01:19:48 (145.)
146.	212	Tomczak zbigniew	Gniezno	Gniezno	1954	M70	3.	131.	00:39:40 (143.)	01:06:42 (145.)	01:20:07	5:19	01:19:58 (146.)
147.	128	Wolski Jarek	Mogilno	Mogilno Team	1972	M50	30.	132.	00:39:08 (131.)	01:06:51 (146.)	01:20:29	5:21	01:20:24 (147.)
148.	58	Szafarczyk Bartłomiej	Mogilno		1990	M30	27.	133.	00:38:53 (128.)	01:06:16 (144.)	01:20:56	5:23	01:20:45 (148.)
149.	61	Olszówka Michał	Bydgoszcz		1980	M40	53.	135.	00:40:28 (153.)	01:07:45 (152.)	01:21:01	5:23	01:20:56 (150.)
150.	62	Jakubiec Adrianna	Bydgoszcz		1993	K30	5.	16.	00:40:52 (157.)	01:07:46 (153.)	01:21:01	5:23	01:20:57 (151.)
151.	33	Bernaciak Mikołaj	Mogilno		1996	M20	16.	134.	00:40:49 (156.)	01:07:33 (150.)	01:21:04	5:23	01:20:46 (149.)
152.	38	Mrówczyński Tomasz	Sarbinowo		1981	M40	54.	136.	00:40:41 (154.)	01:07:35 (151.)	01:21:25	5:24	01:21:08 (152.)
153.	35	Janczewska Agnieszka	Chojnice		1979	K40	8.	17.	00:40:26 (151.)	01:08:00 (155.)	01:21:46	5:26	01:21:33 (153.)
154.	36	Graczykowski Marek	Bydgoszcz	Zamczysko	1982	M40	55.	137.	00:40:26 (152.)	01:08:00 (154.)	01:21:46	5:26	01:21:34 (154.)
155.	163	Kodranc Michał	Bydgoszcz	TypyGrube	1986	M30	28.	138.	00:41:25 (161.)	01:08:50 (156.)	01:22:25	5:28	01:22:11 (155.)
156.	140	Kuczynska-Rataj Paulina	Łochowo	Team ZabieganeDni	1975	K50	2.	18.	00:40:54 (158.)	01:08:52 (158.)	01:22:25	5:28	01:22:14 (156.)
157.	184	Graffon-Kapela Monika	Trzemeszno		1984	K40	9.	19.	00:40:14 (149.)	01:08:50 (157.)	01:22:53	5:31	01:22:48 (157.)



Msc open	Nr start	Nazwisko, imię	Miejscowość	Klub	Rok ur	Kat	Msc kat	Msc M/K	PK 7,5km	PK 12,5km	Wynik brutto	Tempo min/km	Czas netto
158.	131	Popiołek Leszek	Żnin		1979	M40	56.	139.	00:41:34 (164.)	01:09:27 (159.)	01:23:09	5:31	01:22:52 (158.)
159.	69	Majchrzak Kasia	Bydgoszcz		1987	K30	6.	20.	00:41:48 (166.)	01:10:03 (160.)	01:24:02	5:35	01:23:52 (160.)
160.	5	Białecki Jacek	Poznań		1976	M40	57.	140.	00:43:28 (185.)	01:11:08 (169.)	01:24:07	5:35	01:23:48 (159.)
161.	39	Kasprzyk Andrzej	Słupca	Biegający emeryt	1953	M70	4.	141.	00:40:49 (155.)	01:10:04 (161.)	01:24:08	5:35	01:23:57 (161.)
162.	40	Nowacki Rafał	Zamość	Rakieta Zamość	1974	M50	31.	142.	00:42:29 (170.)	01:10:44 (163.)	01:24:21	5:36	01:24:10 (162.)
163.	105	KONIECZKA-LINETTY	HUTA PAŁĘDZKA	CARSEKT	1981	K40	10.	21.	00:43:19 (183.)	01:11:07 (168.)	01:24:24	5:37	01:24:16 (163.)
164.	220	Zakęś Konrad	Mogilno		2004	M20	17.	143.	00:38:20 (116.)	01:07:03 (149.)	01:24:34	5:37	01:24:18 (164.)
165.	115	Sztejka Jolanta	Bydgoszcz	KULAWA RODZINA	1978	K40	11.	22.	00:42:11 (167.)	01:10:46 (164.)	01:24:44	5:38	01:24:32 (165.)
166.	91	Ślósarek Piotr Leszek	Toruń	Toruński Klub triathlonowy	1956	M60	3.	144.	00:41:36 (165.)	01:10:51 (165.)	01:25:00	5:39	01:24:49 (166.)
167.	186	KULCZYŃSKI PRZEMYSŁAW	BYDGOSZCZ	TypyGrube	1983	M40	58.	145.	00:41:26 (162.)	01:10:40 (162.)	01:25:12	5:39	01:24:59 (167.)
168.	207	Danielewicz Nikodem	Gniezno		2002	M20	18.	146.	00:42:51 (173.)	01:11:38 (172.)	01:25:14	5:40	01:25:00 (168.)
169.	218	KOZACZYŃSKA AGNIESZKA	Janikowo	Janikowo na sportowo	1978	K40	12.	23.	00:42:15 (168.)	01:11:07 (167.)	01:25:20	5:40	01:25:05 (169.)
170.	102	Piotrowicz Ireneusz	Piotrków Kujawski		1960	M60	4.	147.	00:43:00 (176.)	01:11:36 (171.)	01:25:25	5:40	01:25:09 (170.)
171.	59	Krok Paweł	Mogilno	KS Piast Kołodziejewo	1988	M30	29.	148.	00:41:29 (163.)	01:11:13 (170.)	01:26:09	5:43	01:25:58 (171.)
172.	56	Ziółkowski Mieczysław	Janikowo	TG Sokół Gniewkowo	1965	M60	5.	149.	00:41:00 (159.)	01:12:08 (174.)	01:26:20	5:44	01:26:10 (172.)
173.	225	Niedbalska Anna	Gąsawa	Pałuki Running Team	1970	K50	3.	24.	00:43:05 (177.)	01:12:05 (173.)	01:26:28	5:44	01:26:11 (173.)
174.	151	Piniarski Paweł	Mogilno	Mogilno Team	1985	M40	59.	150.	00:43:19 (182.)	01:12:10 (175.)	01:26:36	5:45	01:26:27 (174.)
175.	135	BRATEK ANDRZEJ	BYDGOSZCZ	TKKF Kolejarz Bydgoszcz	1959	M60	6.	151.	00:43:21 (184.)	01:12:25 (178.)	01:26:49	5:46	01:26:39 (175.)
176.	96	Szelągowski Wiktor	Rojewo		2001	M20	19.	152.	00:43:18 (180.)	01:12:24 (177.)	01:27:12	5:47	01:26:58 (176.)
177.	97	Szelągowski Marek	Rojewo		1978	M40	60.	153.	00:43:18 (181.)	01:12:24 (176.)	01:27:13	5:47	01:26:58 (177.)
178.	120	Perlik Grzegorz	Bydgoszcz		1955	M70	5.	154.	00:44:00 (188.)	01:13:13 (181.)	01:27:49	5:50	01:27:33 (178.)
179.	82	Jackowiak Agnieszka	Bydgoszcz		1977	K40	13.	25.	00:42:56 (175.)	01:12:50 (180.)	01:28:02	5:51	01:27:53 (180.)
180.	83	Mikulski Włodek	Bydgoszcz		1977	M40	61.	155.	00:42:55 (174.)	01:12:49 (179.)	01:28:02	5:51	01:27:52 (179.)
181.	11	Zieliński Przemysław	Olsztyn	Team Jana	1976	M40	62.	156.	00:43:10 (179.)	01:13:14 (182.)	01:28:08	5:51	01:27:55 (181.)
182.	79	Rochowiak Dawid	Inowrocław	DZIKI z INA	1990	M30	30.	158.	00:44:26 (192.)	01:14:13 (187.)	01:28:17	5:53	01:28:15 (183.)
183.	78	Borowiak Wojciech	Inowrocław	DZIKI z INA	1983	M40	63.	157.	00:44:26 (191.)	01:14:12 (186.)	01:28:17	5:53	01:28:15 (182.)
184.	24	Wierzychowski Michał	Inowrocław	Rakieta Zamość	1975	M50	32.	159.	00:42:31 (171.)	01:13:39 (183.)	01:28:40	5:53	01:28:29 (184.)
185.	112	Idczak Kinga	Janikowo	TT SODA	1997	K20	1.	26.	00:42:19 (169.)	01:13:49 (184.)	01:28:43	5:54	01:28:34 (185.)
186.	216	Dębski Jan	Sucharzewo	Softys	1952	M70	6.	160.	00:43:41 (187.)	01:13:57 (185.)	01:28:48	5:55	01:28:48 (186.)
187.	104	ZACHARENKO EWA	MOGILNO	CARSEKT	1983	K40	14.	27.	00:44:23 (190.)	01:15:22 (191.)	01:30:02	5:59	01:29:54 (187.)
188.	13	Graczykowska Anna	Inowrocław	BBKTS	1986	K30	7.	28.	00:42:51 (172.)	01:14:34 (188.)	01:30:09	5:59	01:29:58 (188.)
189.	47	Binisziewicz Marcin	Tczew		1978	M40	64.	161.	00:43:28 (186.)	01:14:38 (189.)	01:30:20	6:00	01:30:06 (189.)



Msc open	Nr start	Nazwisko, imię	Miejscowość	Klub	Rok ur	Kat	Msc kat	Msc M/K	PK 7,5km	PK 12,5km	Wynik brutto	Tempo min/km	Czas netto
190.	201	KRÓL KAROL	BYDGOSZCZ	TKKF Kolejarz Bydgoszcz	1977	M40	65.	162.	00:43:07 (178.)	01:15:18 (190.)	01:30:39	6:01	01:30:26 (190.)
191.	26	Grobelska Milena	Barcin	Ślimaki Barcin	1989	K30	8.	29.	00:39:57 (144.)	01:10:51 (166.)	01:31:06	6:03	01:30:58 (191.)
192.	85	Gmurska Wiktoria	Inowrocław		2003	K20	2.	30.	00:45:52 (195.)	01:16:31 (192.)	01:31:25	6:05	01:31:15 (192.)
193.	81	Golis Krzysztof	Mogilno	Polska Gurom	1998	M20	20.	163.	00:44:18 (189.)	01:16:35 (193.)	01:32:34	6:09	01:32:25 (193.)
194.	141	Niemeczek Waldemar	Janikowo		1961	M60	7.	164.	00:44:42 (193.)	01:17:06 (194.)	01:32:48	6:10	01:32:31 (194.)
195.	170	Piontek Elżbieta	Bydgoszcz		1957	K60	1.	31.	00:45:00 (194.)	01:17:40 (195.)	01:34:23	6:16	01:34:13 (195.)
196.	159	Małkiński Józef	Bydgoszcz		1957	M60	8.	165.	00:46:16 (196.)	01:19:01 (196.)	01:35:48	6:21	01:35:29 (196.)
197.	63	Rumianowska Anna	Bydgoszcz		1984	K40	15.	32.	00:47:31 (197.)	01:22:43 (197.)	01:39:37	6:37	01:39:27 (197.)
198.	187	Cholewczyńska Wioletta	Niedola	Team Run Nakło nad Notecią	1979	K40	16.	33.	00:48:59 (198.)	01:25:16 (198.)	01:42:29	6:49	01:42:23 (198.)
199.	3	Salita Lech	Gniezno	Altom Gniezno	1960	M60	9.	166.	00:53:28 (200.)	01:28:22 (199.)	01:45:29	7:00	01:45:13 (199.)
200.	217	Grzeszak Danuta	Mogilno		1953	K70	1.	34.	00:53:06 (199.)	01:28:23 (200.)	01:51:41	7:25	01:51:28 (200.)
201.	157	Łapińska Dominika	Dąbrowa		2006	K16	1.	35.	()	()	01:51:54	7:27	01:51:53 (201.)

Liczba zawodników: 201

